# E. HALE CURRAN "COUGAR COURIER"



January 20<sup>th</sup> – January 24<sup>th</sup>

This Week (Jan. 20<sup>th</sup> – Jan. 24<sup>th</sup>)

#### Jan. 20 – MLK Holiday – No School

- Jan. 21 Running Club
- Jan. 21 Band
- Jan. 23 Running Club
- Jan. 23 Recorder Lessons (4<sup>th</sup> Grade)
- Jan. 23 Band
- Jan. 24 Friday Flag
- Jan. 24 Coffee with the Principal
- Jan. 24 \$2.00 Jamba Juice Day



Next Week (Jan. 27<sup>th</sup> – Jan. 31<sup>st</sup>)

- Jan. 27 EARLY OUT Jan. 28 – Running Club Jan. 28 – Band Jan. 30 – Running Club
- Jan. 30 Recorder Lessons (4<sup>th</sup> Grade)
- Jan. 30 Band
- Jan. 31 Friday Flag
- Jan. 31 \$2.00 Jamba Juice Day



The PTA will have a table out front during the next few weeks so you and your little cougars can fill out Valentines for our Vets. The Valentines will be sent to local veteran's and to our troops serving overseas. Cougars, parents, siblings, and grandparents are welcome to fill out as many Valentines as they like.



Dr. Martin Luther King Jr. Holiday

**January 20**<sup>th</sup>

# No School

## **January Events**

Jan. 20<sup>th</sup> – Martin Luther King Jr.

Holiday (No School)

Jan. 24<sup>th</sup> – Coffee with the Principal



## **February Events**

- Feb. 14<sup>th</sup> President's Day (No School)
- Feb. 17<sup>th</sup> President's Day (No School)
- Feb. 21<sup>st</sup> Coffee w/Counselor
- Feb. 21<sup>st</sup> Talent Show
- Feb 26<sup>th</sup> Spring Picture Day

Feb 27<sup>th</sup> – Math Night



### GENERAL ANNOUNCEMENTS

Make sure to check out the attached flyers below for more information on:

✤ Positive Parent Program



Student Handbook (Excerpts and Reminders)

**Page 6 - Leaving Early:** Leaving school early is VERY disruptive to the classroom. In an effort to mitigate disruptions, students will not be dismissed from school 15 min prior to dismissal. Please plan accordingly.

**Page 13 – Interruptions:** In order to maximize student learning and minimize disruptions, classrooms will not be called to communicate transportation changes or items dropped off in the office such as instruments, lunch or homework. Please ensure that all of your child's needs and directions are met before dropping him/her off at school. In the event you do need to drop of an item, please do so at the office. Students are expected to check in with the office to receive items delivered to the office as classrooms will NOT be disrupted for deliveries. "I have a dream that my four children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

— Martin Luther King, Jr. / "I Have A Dream" speech, August 28, 1963



Studies show, what most parents already know, when kids are well nourished, they perform better in school and are better equipped to fight off disease.

- Please remember to send your little ones with a snack each day.
- Donations: We have a snack drawer for those little ones who forget or can't bring snacks, but it is getting low. If you would like to donate to our snack drawer, it would be greatly appreciated. Goldfish, pretzels, Chex Mix and nonperishable items are some of the kid's favorites (No nuts or Takis please).



The Curran family would like to send a special thank you to *Erin Shaffer* (sister of our own *Dane Shaffer* in 2<sup>nd</sup> Grade). Erin spent her Winter Break here at Curran painting positive messages on our 300 pod restroom stalls (pictured above).

This was part of Erin's Girl Scout Gold Award Positivity Campaign. If you would like to hear more about it, please join us at our next Friday Flag on January 24<sup>th</sup>.

Encourage your kids to tell you about them and how the positive messages make them feel.



# Join our Positive Parenting Program (Triple P)

Need assistance managing your child's challenging behaviors?

#### What is Triple P? (Positive Parenting Program)

**Triple P** suggests *simple* routines and small changes that can make a *big* difference to your family. The program consist of a total of 8 classes, 2 hours each class. It helps you understand the way your family works and uses the things you already say, think, feel and do in new ways that:

- > Create a supportive environment
- Encourage behavior you like
- > Deal positively, consistently and decisively with problem behavior
- > Build positive relationships with your children, so that conflict can be resolved
- > Plan ahead to avoid or manage potentially difficult situations
- > Take care of yourself as a parent

Classes Start: Tuesday, January 21, 2020 6:00pm-8:00pm

Murrieta Parent Center 24300 Las Brisas Road, Room 3 Murrieta, CA 92562 Childcare is available for school aged children & toddlers who are potty-trained.

You must RSVP with the Parent Center at (951) 304-1623 Extension 2173

Classes are free and space is limited! For more information or to register please contact: Parent Support & Training Program @ (951) 358-5862



www.rcdmh.org/psp

If you are in need of a reasonable accommodation, please contact Parent Support & Training Program at (951) 358-5862.